

Connections

Newsletter for hospital volunteers, students & friends of Roper St. Francis Healthcare

February/March 2023

Annual Safety Review

Happy New Year! Although volunteer hours for 2022 remain significantly lower than previous years, the support offered by our team remained steady and visible. A total of 301 volunteers contributed more than 35,416 volunteer hours across Roper St. Francis Healthcare. Countless lives were touched in a positive way.

At the beginning of each year volunteers and students complete a mandatory annual safety review and quiz. This is a yearly requirement along with our flu shots. It is important that each of us - volunteers, students and Eucharistic Ministers are able to recognize and act in the case of any sudden emergency. Please complete the safety review and quiz. We welcome your comments, positive as well as suggestions for improvement.

New Year Baby Baskets

Lucky New Year babies were surprised with festive baskets full of newborn goodies at Berkeley Hospital and Bon Secours St. Francis Hospital. New Year's baby blanket crafted by Berkeley Hospital volunteer Lynn Karlson. Volunteers contributed items to make the gifts special to welcome the first babies of the year. Congratulations!



Calling all green thumbs!

Our Bon Secours St. Francis (BSSF) Hospital campus gardens are ready to grow! Chris Burr, the local Area Horticulture Agent for Berkeley, Charleston and Dorchester Counties will visit to offer insight on how we work in our garden. We need volunteers to help make his suggestions a reality. If you love to garden, come work in our meditative space! Contact BSSF Volunteer Manager Trudi Campbell at Gertrude.campbell@rsfh.com or (843) 402-1156 to set a date to work in our garden.



Don't know where the garden is? Check out the space directly across the street from the Cancer Center, when you go through the trees its as if you walk into a cathedral.

American Heart Month

Support American Heart Association and Heart Health Month! Volunteers will be selling red hearts at all hospitals for \$1. You may buy one in honor or memory of someone with heart disease. All proceeds go to the American Heart Association.

Join the Heart Throbs! The Lowcountry Heart Walk is on Saturday, February 25 at Brittlebank Park. For more information go to LowcountrySCHeartWalk.org and join Roper Mt. Pleasant Team – Heart Throbs and Walk with us! Do you know the signs of heart attack and stroke? Go to <https://www.heart.org/> for more information.



Recognizing Signs of a Stroke

Minutes matter in treating strokes. Refresh your memory for signs to look for by using the **FAST** test to check for the most common symptoms of a stroke in yourself or someone else.

- **Face:** Smile and see if one side of the face droops.
- **Arms:** Raise both arms. Does one arm drop down?
- **Speech:** Say a short phrase and check for slurred or strange speech.
- **Time:** If you are off duty and the answer to any of these is yes, call 911 right away and write down the time when symptoms started. Inside the hospital, alert medical staff immediately.

Calling a doctor or driving to the hospital yourself may waste time. Ambulance workers can judge your situation sooner and boosts your chance of getting the treatment you or your loved one needs as soon as possible.

volunteers
are love in motion

-Author Unknown

(Happy Valentine's Day)

Volunteer Opportunities

- **RSF Berkeley Hospital** welcomes volunteers interested in serving as a Patient Liaison on Tuesday.
- **Bon Secours St. Francis Hospital** welcomes assistance in our BSSF campus gardens, and escorts in Mammography and Phlebotomy. Both morning and afternoon times are available.
- **Mt. Pleasant Hospital** welcomes Information Desk on Thursday morning, Outpatient Escort on Friday, Guitarist and Piano Player.
- **Roper Hospital** welcomes volunteers interested in Information Desk; Lobby Ambassadors and Piano Player.

Arts in Medicine

MPH Volunteers enjoyed a group art project with Volunteer Arts in Medicine, Jann Owens. Art by Nick Dennis, Peg Hughes, and Jann Owens. – Poppies. Check out the art wall in the MPH lobby with Camellias and a Roseate Spoonbill Family by Jann Owens, Artist in Residence.

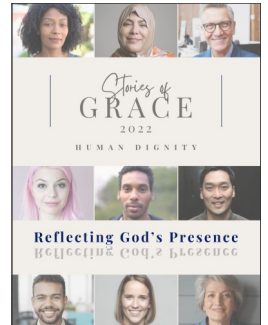


Compassion

Compassion is the best healing tool we have. Volunteers know this. Love and compassion soothe places medicine can't reach. The ability to give our complete attention and be fully with someone is powerful and can ease so much pain. Don't worry about having the right words. Love our patients and visitors. Listen to them. Ask what they need. They will not forget you.

Volunteer News

- A proud "Big Brother" headed upstairs to meet his twin siblings at RSF Berkeley Hospital.
- Prayers for speedy recovery to Caroline Hunt, Brian Rieder, Ace (and Bobbye Wilson), and Maureen Minaudo (husband). We miss you and hope to have you back soon.
- Thank you to the Lowcountry Senior Center Chorus and the Wando High School Orchestra for providing holiday music and lifting spirits for hospital staff and our patients.
- Mt. Pleasant Hospital was featured in *Stories of Grace* - a book showing what it means to be a faith-based system and how we are living our values: Human Dignity, Integrity, Compassion, Stewardship, and Service. Check out the article: <https://centerforministryformation.org/bsmh-grace-prayers>.
- New SC residents, Mailin and her mother brought treats for the Berkeley Hospital staff. We appreciate your thoughtfulness, Mailin.
- Santa (Ron) and Mrs. Claus (Lyni) were so kind to visit Berkeley Hospital. The night crew enjoyed seeing Santa and Mrs. Claus, and the patients were so thankful.



Berkeley Hospital Craft Fair

There was an incredible show of talent at RSF Berkeley Hospital's first Craft Fair. Thank you to all of the artists who participated.



Welcome New RSFH Volunteers

RSFH Berkeley Hospital: Welcome our new volunteers, Nive Ragas, Julia, Observation Student with PT; Eugene, MOB Information Desk; Aden, ER; Pet therapy Handler and Pet Therapy Dog, Mary and Loki.

Bon Secours St. Francis Hospital: Welcome our new volunteers, Tim Reed, Phlebotomy; Patricia Todd, Infusion; Carolyn Ford, Mammography; and Annelise Simmons, Infusion. Welcome back Betty Ludwig, Mammography; Bob Nadobny, Phlebotomy; Barbara Howell, Infusion; Debbie Poplin, Mammography; Betty Hilton, Information Desk.

RSF Mount Pleasant Hospital: Welcome new volunteers, Morgan Schneider, ED; Tommy Hurt, golf cart driver and Outpatient Escort; Sandy Summers, Information Desk; Joanne Klumpp, ED and Outpatient Escort. Welcome back Linda Logan, OR suite/PACU.

In Sympathy

We are saddened on the passing of John Hedrick, MPH Information Desk Volunteer. John passed away on December 1, 2022. He is survived by a son and daughter and three grandchildren. We miss John and keep his family in our prayers. May John Rest in Peace.

We extend our expressions of sympathy to Mary Helen Gammon, Eucharistic Minister, on the passing of her brother, John (Jack) Nunan Kennerty, Jr. May Jack Rest in Peace.

Dates to Remember

Blood Drive

RSFH is proud to partner with the Blood Connection to host blood drives. The Blood Connection is the exclusive blood supplier for RSFH, and all products donated locally are used locally.

RSF Mt. Pleasant Hospital

3/8, 10 a.m. – 3 p.m.

Bon Secours St. Francis Hospital

3/9, 10 a.m. - 3 p.m.

Roper Hospital

3/10, 10 a.m. - 3 p.m.

RSF Berkeley Hospital

3/10, 10 a.m. - 3 p.m.

Floral Demonstration

RSF Mt. Pleasant Hospital

Presented by Katie Dickson, Director of Horticulture
Boone Hall Plantation and Gardens

2/13, 10:30 - 11:30 a.m.

Valentine's Day

Join us to spread some love in our hospitals!
Check with volunteer manager for specific times.
2/14

Paper Art

RSF Mt. Pleasant Hospital

Presented by Michelle Steinbrecher
MPH Teammate and paper artist

2/15, 11 a.m. - 12:30 p.m.

Happy St. Patrick's Day

May your pockets be heavy and your heart be light,
may your good luck pursue you morning and night.

Irish Blessing



With Gratitude

Zyne Scharite, MPH Information Desk Volunteer, has shown her true dedication filling in for vacancies at the main lobby information desk. Zyne has been working as a volunteer for six years and has 1,864 service hours. She worked the most volunteer hours at MPH in 2022, a total of 561! Thank you, Zyne, for your service and willingness to cover. You are greatly appreciated.



RSFH Volunteer Team

Pictured left to right: Peg Hughes - Mt. Pleasant Hospital, Marianne Seabrook - Volunteer Director & Roper Hospital, Susan Morgan - Roper Hospital, Trudi Campbell - Bon Secours St. Francis Hospital, Rebecca Buffum - Berkeley Hospital, and Kathleen Whitfield (not pictured) - Bon Secours St. Francis Hospital.

Bon Secours St. Francis Hospital

VolunteerStFrancis@rsfh.com
(843)402-1156

RSF Mount Pleasant Hospital

VolunteerMPH@rsfh.com
(843)606-7502

Roper Hospital

VolunteerRoper@rsfh.com
(843)724-2080

RSF Berkeley Hospital

VolunteerBerkeley@rsfh.com
(854)529-3059



"This is a wonderful day. I have never seen this one before."
-Maya Angelou

